

Individual professional learning activities such as professional reading, listening and viewing contribute towards meeting your professional development requirements by enabling you to learn in your own time. Such activities connect you to research, knowledge and practice in other settings and provide examples of practical applications of theory and knowledge.

The *Australian Professional Standards for Teachers* provide a framework for the critical reflection that enables you to benefit from professional learning activities such as professional reading, listening and viewing. Evidence for these activities could be in the form of a reflective log which includes bibliographic details and the outcome of learning such as a presentation to colleagues, report or implementation into planning. You may choose to use the following optional template developed by the QCT to validate your professional reading, listening and viewing activities for renewal purposes.

For professional reading

- Title of article/book, author and publisher
- Duration of activity
- Professional Standard/s to which reading relates
- Outcome to which reading is linked (presentation, article, professional practice)
- Your reflection

For listening to/viewing an educational program/video

- Title of video/program and producer/source
- Duration of activity
- Professional Standard/s to which the program or video relates
- Outcome to which listening/viewing is linked (presentation, article, professional practice)
- Your reflection

To guide your reflection

The following reflective sequence may help you relate what you read, listen to or view to what you already know and do:

- What I have learned (a brief summary of the content of the article/book or program)
- Ways in which the content of the activity relates to my knowledge as a teacher or to my classroom practice
- How this content contributes to my ability to meet the learning needs of my students
- Ideas I could use to develop or improve my practice
- Obstacles that might impact on my applying these ideas and how I might overcome these obstacles
- Changes others will see in my practice as a result of this activity
- How I might evaluate if I have been successful in applying ideas and changes
- Ways I could share my learning with colleagues
- Further professional development that could help me implement the ideas.